

# Strengthening Families, Strengthening Children

Providing Outpatient Mental Health Services  
SERVING CHILDREN, ADULTS AND FAMILIES

- **MENTAL HEALTH ASSESSMENTS**
- **INDIVIDUAL COUNSELING**
- **FAMILY COUNSELING**
- **PARENT - CHILD CBT**
- **TARGETED CASE MANAGEMENT**
- **ANGER MANAGEMENT GROUPS**
- **SUBSTANCE ABUSE (LAKELAND)**
- **PSYCHIATRY (THERAPY CLIENTS)**



## SUBMIT REFERRALS TO:

[www.familiesfirstfl.com/outpatient-referral/](http://www.familiesfirstfl.com/outpatient-referral/)

OR EMAIL TO:

[referral@familiesfirstfl.com](mailto:referral@familiesfirstfl.com)



### **MEDICAID**

AETNA BETTER HEALTH  
AMERIGROUP  
BETTER HEALTH OF FLORIDA - BSN  
CARELON  
CMS – TITLE 19 - Sunshine  
CMS – TITLE 21 - Sunshine  
HUMANA – ACCESS BEHAVIORAL HEALTH  
HUMANA – CARELON  
LIGHTHOUSE – ACCESS BEHAVIORAL HEALTH  
MEDICAID  
MOLINA HEALTH CARE  
SIMPLY HEALTH CARE  
SUNSHINE HEALTH/CENPATICO  
UNITED HEALTH CARE/OPTUM

### **COMMERCIAL**

AETNA BETTER HEALTH  
AMBETTER  
BEHAVIORAL SERVICE NETWORK - BSN  
BLUE CROSS/BLUE SHIELD – FLORIDA  
FLORIDA COMMUNITY CARE  
HUMANA BEHAVIORAL NETWORK  
MAGELLAN HEALTH  
MOLINA MARKETPLACE  
UNITED BEHAVIORAL NETWORK  
VA – COMMUNITY CARE NETWORK  
TRI-CARE EAST

### **HEALTHY KIDS**

AETNA HEALTHY KIDS  
CARELON HEALTHY KIDS

### **SELF PAY/PRIVATE PAY**

### **CURRENTLY SERVING**

LAKELAND | OCALA | ORLANDO | PANAMA CITY | TALLAHASSEE | TAMPA  
*and all surrounding areas within these locations.*

FAX: Lakeland 863-583-0392 \* Ocala 352-354-9166 \* Orlando 407-386-7429 \* Panama City 850-290-7442  
\* Tallahassee 850-290-7442 \* Tampa 813-435-2033

[WWW.FAMILIESFIRSTFL.COM](http://WWW.FAMILIESFIRSTFL.COM)